

ALAMEDA FAMILY SERVICES

ANGER MANAGEMENT GROUP



18 years old and up

Mondays 6p - 7p

Intake Fee: \$20 | Session Fee: Sliding Scale

INTERESTED?

FOR MORE INFORMATION, PLEASE CALL:

510-629-6373 (M,W)

510-629-6325 (TH,F)

Low-fee services, evening classes, open enrollment,
supportive and educational.

Currently offering this Group through Zoom.

Alameda Family Services is a non-profit family-service agency. All providers are supervised by a licensed psychologist.